

SEPTEMBER 2025

# TROPICAL PALMS BREEZE



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T.P.H.O.A. Newsletter

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## Tropical Palms: Our community, our sunsets, our home.





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## PRESIDENT'S MESSAGE



September is expected to be busier, with several events scheduled, including a Labor Day cookout, a pot luck dinner and karaoke should resume. A popular activity that emerged during the summer was Cornhole. Its popularity prompted Bob Raikes to purchase two additional corn hole sets. Bob's initiative has inspired others to propose new activities. If you have an idea, please don't hesitate to seek assistance, as it may become as popular as Corn Hole. As the weather cools, our snowbirds will return, and our community will experience renewed activity. We are fortunate to have our little haven in paradise.

*- Pam Timmins, Vice President*

## NEWSLETTER

The monthly Tropical Palms newsletter is a compilation of info, articles and news shared by several residents. If you have something you would like published in an upcoming edition, please forward it by email to 19clg66@gmail.com. Photos, tips, recipes, stories, events are all welcomed!



## TPHOA LEGAL FUND

Thank you to the residents who have generously donated to the Legal Fund in anticipation of legal expenses.



The Board and the Homeowners' Committee continue our efforts to ensure homeowner's rights regarding our prospectus and our quality of life at Tropical Palms. We anticipate that such actions will result in additional legal fees and ask that you consider a contribution to the Legal Fund. Any amount is appreciated. To ensure confidentiality, please give any donations directly to Treasurer Patsy Lund (40 Pine) or Co-Treasurer Roberta McEwen (48 Pine). (checks should be made to TPHA with Legal Fund noted on the memo line).

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## HURRICANE PREPAREDNESS FOR TROPICAL PALMS RESIDENTS

Hurricane season is upon us here in **Punta Gorda**, and while we hope for calm weather, it's always best to be prepared. Taking a few steps now can help keep you, your home, and our community safe.

### **1. Make a Hurricane Kit**

Have essential supplies ready in an easy-to-carry container, including:

- Bottled water (at least 3 days' supply per person)
- Non-perishable food items
- Flashlights and extra batteries
- First aid kit and medications
- Important documents in a waterproof pouch
- Portable phone charger or power bank

### **2. Secure Your Home**

- Bring in or tie down outdoor furniture, potted plants, and decorations.
- Close and lock windows and doors; consider installing storm shutters if you have them.
- Check that gutters and drains are clear to prevent flooding.

### **3. Have a Communication Plan**

- Make sure family and friends know how to reach you.
- Have a list of emergency contacts handy, including local shelters and the Charlotte County Emergency Management Office.

### **4. Know Your Evacuation Routes**

- Familiarize yourself with local evacuation zones.
- Follow evacuation notices issued by Charlotte County, do not weather the hurricane in your home.

*...continued on page 4*

- Advise family and friends where you have gone to seek shelter.

#### 5. Stay Informed

- Monitor reliable sources such as the National Hurricane Center and local news.
- Sign up for Charlotte County emergency alerts for timely updates.

Remember: Preparation is key. Even a tropical storm can bring heavy rain, flooding, and strong winds. By planning ahead, we can keep Tropical Palms safe and ready—no matter what the season brings.

#### 🔗 Helpful Resources:

National Hurricane Center: [www.nhc.noaa.gov](http://www.nhc.noaa.gov)

Charlotte County Emergency Management: [www.charlottecountyfl.gov](http://www.charlottecountyfl.gov)

Stay safe, neighbors! 🍷🌴

### USEFUL PHONE NUMBERS

Water and Sewer problems - always contact manager first! During workday - 239-731-7200 (when office is closed - 239-887-5955)

Drinking Water Machine maintenance - 941-697-2551

Emergency - Fire, Police or EMS - 911

### IMPORTANT NUMBERS

**Park Manager's Office (business hours)**  
239-731-7200

**Tropical Palms Off Hours Emergency**  
239-887-5955

**Clubhouse**

239-731-5533

**Charlotte County Fire (Non-Emergency)**  
941-833-5600

**Charlotte County Sheriff (Non-Emergency)**  
941-639-2101

**ShorePoint Health ER & Urgent Care**  
239-242-1357

**Lee Health Convenient Care**  
239-424-1655

**LCEC (light dept)**  
239-995-2121

**To report non working street light**  
239-656-2300

**Waste Management - Bulk pickup**  
941-629-1106

**Animal Control**

941-833-5690

**Mosquito Control**

941-764-4370

**US Water (first contact Park Manager)**

866-753-8292

**Century Link (send text to)**

888-320-3452

**Comcast/Xfinity**

877-229-5999

**Notification of Road Closures/Public Safety**  
**sign up at [alertcharlotte.com](http://alertcharlotte.com) or call**

941-833-4000

**Aging Services:**

For rides, meals on wheels, etc 800-677-1116

**Red Cross:** 866-438-4636

**United Way:** 211

**Hope Coalition**

They can direct people to places with resources for different things. 866-388-4673

### TPHOA EVENTS FOR SEPTEMBER

The events listed below are planned. We will post any event announcements or changes on signage near the entrance to the park, on Facebook and on the Bulletin Board in Club House.

- 1 Labor Day Celebration
- 13 Potluck
- 21 Karaoke

### WELCOME NEW RESIDENTS

A Welcome Packet is awaiting each new resident of Tropical Palms and I'd like to meet you and give you yours! If I haven't given you yours, please give me a call at 978-580-1127 to set up a convenient time to get together (or stop by #284 Evergreen Circle). I'm looking forward to meeting you, welcoming you to our community, and letting you know about the activities and events open to all residents. Hope to see you soon!

*Lorraine Dufour, Director  
Welcome Committee Chair*

Welcome to  
**The Community**

## SUNSHINE REPORT



A sympathy card was sent to the family of Thomas Selzier, 62 Pine Street and Jim Timmins, lot 267 Balsam for the loss of his brother. Get well cards were sent to Susananne Reel at Lot 43 Pine and Joe Fortier at Lot 46 Pine. Please contact me if you know of anyone who could use a note of encouragement or condolence from our community. Cards are typically sent for illnesses, hospitalizations, or deaths of community members or immediate family but only if the information is given to me. Remember, if you **DO NOT WANT** your family's information posted in the newsletter, please contact me before the 10th of each month. If I do not hear anything from you, I will assume I have your consent to publish the information and continue to wish our best-wishes for recovery.

*Lorraine Dufour, Director and Sunshine Chair*  
284 Evergreen Circle  
Phone: 978-580-1127  
Email: lorrainebo59@gmail.com

### CELEBRATING 60 YEARS OF LOVE – BARB & GARY LEFFORD

This month, we are thrilled to honor **Barb and Gary Lefford** as they recently celebrated an incredible milestone – their 60th wedding anniversary! Barb and Gary's love story began in high school, where they quickly became sweethearts. Gary's proposal was one for the memory books—right in the middle of a movie theater while watching *Night of the Iguana*!



Afterward, the newly engaged couple celebrated with a trip to romantic Niagara Falls. They were married in Falconer, New York, where they built their life together for 50 years before making the move to sunny Florida. Along the way, they raised three children – two sons and a daughter (who is now

sadly deceased) – and were blessed with five grandchildren: four boys and one girl.

Gary proudly served as a professional firefighter, protecting his community with bravery and dedication, while Barb ran her own home beauty salon, bringing smiles and style to her clients.



When asked about the secret to their long and happy marriage, Barb and Gary shared a simple but powerful truth: Never take each other for granted and always talk through your problems. It's a recipe that has served them well for six decades of love, laughter, and shared adventures.

Please join us in congratulating Barb and Gary on their diamond anniversary and wishing them many more years of happiness together! 💎❤️

### SEPTEMBER TRIVIA

September is more than just the start of cooler weather and pumpkin spice season – it's a month full of history, celebrations, and quirky tidbits. Here are some fun facts to enjoy:

1. **"September"** comes from the Latin word *septem*, meaning "seven," because it was the seventh month in the Roman calendar.
2. **Birth Flowers** – September has two official flowers: the aster (symbolizing love and patience) and the morning glory (representing affection).
3. **Birthstones** – The deep blue sapphire is September's birthstone, said to bring wisdom, loyalty, and protection.
4. **Equinox Arrival** – The autumn equinox usually falls around September 22–23 in the Northern Hemisphere, when day and night are nearly equal in length.
5. **Full Moon Magic** – September often features the Harvest Moon, the full moon closest to the equinox, once essential for farmers working late into the night.
6. **Historic Moments** –The first Continental Congress met in September 1774 and The United States Treasury was established in September 1789.
7. The very first "Star Trek" episode aired in September 1966, sparking decades of sci-fi fandom

*...continued on page 6*



8. Apples harvested in September are often the sweetest of the season! 🍏
9. People born in September are statistically more likely to live longer than those born in other months.
10. Statistically, September is the most common birth month in the U.S.
11. Oktoberfest actually begins in late September, despite the name! Prost! While the "official" Chicken Dance Day is in May, September is the month it's most performed at Oktoberfest celebrations.
12. In the Southern Hemisphere, September marks the start of spring – so while we're picking apples, Australia is enjoying blooming flowers!
13. **Sneezy Season** – In the Northern Hemisphere, September ranks high for allergy flare-ups due to ragweed pollen... bless you!
14. **Lego Birthday** – The Lego minifigure was officially launched in September 1978. Those little yellow folks are older than you might think!
15. September is one of the most popular months for weddings... yet also one of the rainiest months in many areas.
16. Early September is when bears start packing on weight for winter.
17. More reported Bigfoot sightings occur in September than any other month in North America.
18. Monarch butterflies begin their epic migration in September.
19. **First ATM in the U.S.** – Installed in September 1969.
20. **Longest Running Soap Opera Premiere** – Days of Our Lives debuted in September 1965.
21. **25%** – Portion of the world's wine grapes harvested this month.
22. **63°F / 17°C** – Average global temperature for September.
23. **Famous people celebrating birthdays this month:** Julie Andrews, Keanu Reeves, Beyonce, Michael Keaton, Adam Sandler, Prince Harry, Freddie Mercury and Bruce Springsteen.

No matter how you spend it, September is a month of transition, beauty, and plenty of reasons to gather with friends.



## SEPTEMBER BY THE NUMBERS

- 1- Labour Day, Pink Cadillac Day
  - 4- Eat an Extra Dessert Day
  - 7- Grandparents Day
  - 8- World Literacy Day
  - 10- World Suicide Prevention Day
  - 11- Patriot Day
  - 13- Uncle Sam Day
  - 17- Constitution Day
  - 19- National POW/MIA Recognition Day
  - 21- World Alzheimer's Day
  - 22- First Day of Autumn
- September is Ovarian Cancer Awareness Month and Prostate Cancer Awareness Month.

## ♣️ SEPTEMBER ASTROLOGICAL SIGNS



♍️ **Virgo (August 23 – September 22)**

**Symbol:** The Maiden

**Element:** Earth 🌍

**Ruling Planet:** Mercury

**Traits:** Practical, thoughtful, organized, and detail-oriented. Virgos are helpful, analytical, and thrive on routine and purpose.

**Famous Virgos:** Keanu Reeves, Beyoncé, Mother Teresa, Michael Jackson

♎️ **Libra (September 23 – October 22)**

**Symbol:** The Scales ⚖️

**Element:** Air 🌬️💕

**Ruling Planet:** Venus 💕

**Traits:** Charming, diplomatic, fair-minded, and sociable. Libras value balance, beauty, and harmony in all areas of life.

**Famous Libras:** Will Smith, Serena Williams, Catherine Zeta-Jones, Gwen Stefani



This September's planetary energy is about **fresh starts, balance, and connection** – making it a wonderful time to start new projects and nurture relationships.



## ★YOUR IDEAS COULD SPARK THE NEXT BIG TROPICAL PALMS EVENT!★

The Tropical Palms HOA, is always looking for fresh, fun, and creative ways to bring our community together. While we already enjoy a variety of dances, card games, and social gatherings, the best ideas often come from you—the residents who know what makes our neighborhood special!

### Why Your Ideas Matter

- Keeps our activities exciting – New events keep our calendar fresh and fun.
- Brings neighbors together – Different activities attract different people, helping everyone make new friends.
- Encourages participation – When it's your idea, you're more likely to get involved and help make it a success.

### A Few Fun Ideas to Get You Thinking

- Movie Nights 🎬 – with popcorn and treats.
- Murder mystery evening 🕵️.
- Quilting, knitting, or crochet circles.
- Garden or Craft Swaps 🌱🎨 – Share plants, projects, and inspiration.
- Progressive Porch Parties 🍹 – Visit different homes for snacks and socializing.
- Morning walking group 🚶👤.
- Cooking demonstrations or classes 🔍

### How to Share Your Ideas

It's easy! Just email your suggestions to 19clg66@gmail.com or let one of the Board members know. Include a short description of the activity, when you'd like to see it happen, and whether you'd be willing to help organize it. Let's make this upcoming season our most exciting yet—your idea could be the one everyone is talking about!

## LABOUR DAY CELEBRATION! 🇺🇸

**Monday, September 1st**

🕒 1:00 PM

📍 **Tropical Palms Clubhouse**

Come and enjoy the hot dog cookout!



## COMMUNITY POTLUCK

**Saturday, September 13th**

🕒 5:00 PM

📍 **Tropical Palms Clubhouse**



### KARAOKE

**Sunday, September 21st**

🕒 6:30 PM

📍 **Tropical Palms Clubhouse**

## 🐾 MEET OUR PAWS-ITIVELY ADORABLE NEIGHBORS! 🐾 A TROPICAL PALMS PET SPOTLIGHT

Meet Brindel!

We rescued Brindel when she was 5 months old. From the day we got her, she has been the most obedient and loving pet. When I lost the sight in my right eye, we were able to get her into training classes to become a certified service dog. Brindel just turned 8 on July 13th. She loves to run, play with any toy that has a squeaker in it and be around people. Yes, she is completely spoiled and we love her to death.



Shannan Ackert Friedel  
Lot 173 Cedar





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## WHAT IS CORNHOLE?

If you've strolled through the clubhouse area lately, you may have spotted folks tossing bean bags toward slanted boards with holes in them—laughing, cheering, and maybe even showing off some serious aim. That's Cornhole, and it's quickly becoming one of the most popular games in 55+ communities across the country.



### 📖 A Little History

Cornhole's origins are a mix of legend and Midwest tradition. The modern version we know today took off in Cincinnati, Ohio, in the late 20th century, but games involving tossing bags at targets go back hundreds of years. Some say a 19th-century Kentucky farmer created the first "corn-filled bag" toss game to pass time. Today, cornhole tournaments are played everywhere—from backyard BBQs to national championships.

### 🔨 The Basics: How to Play

- Teams: Two teams, either singles or doubles.
- Boards: Placed 27 feet apart (front edge to front edge).
- Scoring:
  - A bag through the hole = 3 points
  - A bag on the board = 1 point
  - Bags on the ground or hanging off the board without touching it = 0 points
- Winning: First team to reach or exceed 21 points wins.

### 💡 Tips for Better Tosses

1. Aim for an arc: Bags thrown too flat tend to slide off.
2. Find your grip: Hold the bag from a corner for better spin and control.
3. Don't overthink: A smooth, relaxed motion is often the most accurate.
4. Play defense: If you can't score, try blocking your opponent's shot.

### 🏆 Why Cornhole is Perfect for Our Community

Cornhole is low-impact, easy to learn, and can be played at a leisurely pace or in competitive tournaments. It's also a great way to meet neighbors, share a few laughs, and stay active without feeling like you're exercising.

So next time you see the boards set up —grab a

partner, a bag, and give it a toss. You might just be the next Tropical Palms Cornhole Champion! 🌴

To join in the cornhole fun, stop by the clubhouse on Monday nights at 7pm to practice. Tournaments are held every Thursday night at 7pm. Tournament entry fee is \$2.00, with all the money paid back out to the winners.

## KUDOSKORNER

### 🌟 Introducing Kudos Korner! 🌟

Every month, we'll take a moment to shine the spotlight on our community's unsung heroes — the neighbors who go above and beyond with kindness, helpfulness, and generosity. From lending a hand to sharing a smile, these are the everyday moments



that make Tropical Palms such a special place to call home. Stay tuned each month as we celebrate and recognize the wonderful people who make a difference right here in our community!

"We are BLESSED with amazing neighbors! Thank you Jim & Steve. So grateful to have help without asking."

*Monica Jackson*

### 💖 Share the Love!

Do you know a neighbor who deserves a big "thank you" for their kindness, helpfulness, or community spirit? We'd love to hear about them! Send your Kudos Korner submissions (with a short story and photo if possible) to 19clg66@gmail.com by the 12th of each month. Let's celebrate the wonderful people who make Tropical Palms shine!





## **POETRY BY PENNY**

### **TEACHERS**

Teachers are not just people  
In a classroom,  
Nor preachers in a church,  
No, teachers are featured in the  
Smile of a stranger on the street,  
In the shake of a hand  
From a friend we meet,  
In the grass beneath our feet,  
In the flowers that smell so sweet.  
Teachers are in the newspaper  
In the events of every day -  
In the prayers of whatever  
Language we may say -  
Teachers are you  
Teachers are me  
We are all teachers in what we see,  
In that, we are free!



## **ASK DEE**

Dear Dee:

My husband has been getting on my back because he says I drink too much. He keeps saying that I am going to end up like my father, who was a problem drinker. I am nothing like him. He drank because he hated his job and wanted to forget about it when he was home. Yes I drink every night, but I only drink for fun, not to drown my sorrows. Plus, I can drink a lot without getting drunk. How can I get him off my back?

Dear Neighbor:

Without an actual assessment, I cannot evaluate whether or not you have an alcohol abuse disorder. I can, however, offer some insights on the potential dangers of alcohol abuse.

First of all, let's discuss the correlation between family history and substance disorders. According to the Prevention Research Institute, a person that has one or both parents who has or had a substance abuse issue, are themselves FOUR (4) times the likelihood of developing a disorder themselves. That does not



mean that they are doomed to be addicts. It simply means that they are more vulnerable. For a moment, let's think about some physical ailments. When we go to the doctors and they do a history, they often ask questions about family history of disorders like heart disease and diabetes. They do that because these diseases can be inherited. So, if your parent had a heart attack, are you guaranteed to have one as well? Of course not! However, you may need to be a little more careful with lifestyle choices than someone who has no familial history. The same concept applies to substance use disorders.

Secondly, let's talk about the fact that you drink for fun only. It is a misconception that only people who drink copious amounts of alcohol to "drown their sorrows" can develop addiction. The truth is that whether a person drinks too much for fun, or drinks too much to self-medicate against negative emotions, drinking too much leads to impairment, which can lead to problems.



Now let's discuss the fact that you do not get drunk easily. This is called tolerance. A person is born with a set tolerance level, but the more they drink over time, the higher the level goes up. People talk about tolerance like it is a positive quality. We have all heard phrases like "I can hold my liquor". Or "I can drink you under the table", etc. News alert! Tolerance is NOT a good thing! Someone with normal to low tolerance has a natural indicator when they are becoming impaired. They become aware of the "buzz", and often use this knowledge to stop drinking. A person with high tolerance is without this warning system. Imagine for a moment a beach with rough sand, broken shells, rocks, maybe a bottle cap or two. Someone with average feet would feel the pain of the sharp objects and stop walking on the sand. However, someone with deep callouses would not feel the pain and would keep walking. But those feet would still be cut to shreds! So tolerance is a liability, NOT an asset. It masks impairment.

There is way more information on this for me to cover in a short column. Please feel free to contact me for more information!! Best of luck.

*Dee (Denise) Harrison resides in Tropical Palms and in Spruce Pine NC with her puppy Loki. Questions can be directed to her via [dharrisoncounseling@gmail.com](mailto:dharrisoncounseling@gmail.com), or sent via Facebook messenger. The identity of all contributors is kept confidential.*



## **THOUGHT FOR THE MONTH:**

*"A happy life is not built on the absence of storms, but on dancing in the rain."*  

### **DID YOU KNOW?**

#### **TARIFFS - A non-partisan view**

Tariffs, often referred to as customs duties, are collected by the governing authority of a country that is importing goods from a foreign supplier and paid for by the domestic importer. Typically, tariffs are applied in order to protect domestic industries that produce the same products but are unable to create these products at prices that can compete with the foreign supplier. Without tariffs, the domestic supplier would just go out of business. That is the theory, and the theory is quite correct.

Today tariffs have become a diplomatic weapon to force changes in a foreign entity like changing unfair trade practices, penalize perpetrators of unjustified wars or unfair civil liberty/labor practices, etc., etc., or the government of the day simply doesn't "like" the foreign leader. Basically you can make up pretty much any excuse.

A tariff is a cost that the importer of the product must pay before taking delivery of the product. To stay in business the importer passes this cost on to the consumer. In some cases, the importer may simply reduce his profit margins to reduce the impact on the consumer or a lower initial cost might be renegotiated but these cost reductions tend to be small.

Tariffs are a simple taxation tool that have been around as long as communities have been trading with each other and in many cases used as the real or perceived grievance between two parties that have often led to conflict, armed or otherwise.

The **Boston Tea Party** is a classic example. The tariff imposed by the British Parliament became a rallying cry for the American War of Independence. "**Taxation without Representation**" was an issue that took 8+ years and a bloody conflict to resolve.

#### **Tariff of 1828 ("Tariff of Abominations")**

Enacted by the US Congress on May 19, 1828, this tariff raised import duties to 38%-50% on raw

materials like hemp and wool. By protecting Northern industrial interests, it imposed heavy costs on Southern agricultural states, which relied on inexpensive imports. Southerners saw it as unconstitutional and economically oppressive.

South Carolina developed the **doctrine of nullification** stating the state has the right to "nullify" any federal law it deems unconstitutional within its borders. It declared the tariffs null and void and threatened to secede from the Union. President Andrew Jackson and Congress passed the Force Bill authorizing Jackson to use military force to enforce the tariff. South Carolina "nullified" the Force Bill.

Over time, a compromise was reached but the arguments and philosophies presented over this 5 year legal and political conflict set a precedent for secessionist supporters and deepened the divide between North and South. It took another 37 years and a civil war to finally resolve the issue.

#### **Tariffs as a Revenue Source**

In 1800, tariffs were the largest revenue source for the federal government. In that year tariffs accounted for 90% of federal revenue.

By 1850, tariffs contributed only about 20%-30% of federal revenues.

By 1950, the importance of tariffs in the federal budget had dropped to around 2% and remained in that range until 2025.

In 2022, tariff revenues reached a record high of \$100 billion but was still just a little over 2% of total federal revenue.

In 2024 the tariff revenue was approximately 1.57%, and the forecast for 2025 was about 1.6%.

However, with the announcements on tariffs in 2025, the tariff revenue for the first 6 months has already exceeded the previous yearly record in 2022 of \$100 billion. Forecasts of tariff revenues for year-end vary dramatically from 5% to 10% of the federal revenue.

#### **What has changed over the past 200+ years?**

1. Government revenue streams have changed: Income tax approved by Congress in 1913, industry taxes, payroll taxes, land sales or land leases, etc., etc.

*.. continued on page 12*

2. Today's Global Economy has goods and services spread across the entire globe. Cars assembled in one country may have parts in them that were manufactured in many foreign locations. This did not exist in 1950. The entire world is now economically connected.
3. Tariffs are now a policy tool, not a revenue backbone. They are used to not only protect domestic industries but to penalize foreign entities that are "not playing by the rules". Tariffs become a diplomatic weapon.
4. National security concerns. The ongoing well-being of the country requires healthy industries in certain sectors to ensure its own security.

## **LOCAL FOOD BANKS IN THE PUNTA GORDA AREA: HOW TO DONATE OR GET HELP**

When food assistance is needed—or you want to help others—here's a list of local food pantries serving our community. These organizations offer resources ranging from monthly boxed groceries to hot meals for families and seniors.



- **Community Resource Center – Care & Share (Seniors 55+)**

Offers free food kits—shelf-stable groceries and, when available, fresh produce and frozen meats.

**When:** 1st Wednesday (general distribution) and 4th Wednesday (seniors-only), usually 10 AM–12 PM.

**Where:** 222 Brown Street, Port Charlotte.  
Best to call before heading out to confirm details at 941-462-9874.

- **First Macedonia Missionary Baptist Church Food Pantry**

Distributes free food Mon–Thu, 9 AM–2 PM, plus hot meals Mon, Wed, Fri. No personal information required—just come by.

**Where:** 411 E Charlotte Ave, Punta Gorda  
Best to call before heading out to confirm details at 941-637-7743.

- **St. Vincent de Paul Society Food Pantry**

Serves all Charlotte County residents. Open Mon, Wed, Fri from 9 AM–12 PM.  
Also accepts donations—contact them to learn how you can help.

**Where:** 25200 Airport Rd, Punta Gorda  
Best to call before heading out to confirm details at 941-575-0767.

- **Bread of Life Ministries Food Pantry**

Open Wednesdays from noon to 6 PM, serving Punta Gorda and surrounding DeSoto areas.

**Where:** 6454 Scott St, Punta Gorda  
Best to call before heading out to confirm details at 941-575-4440.

- **Charlotte County Food Pantry**

They often provide fresh produce, dairy, and protein, supporting healthy diets during tough times.

**Where:** 3749 Tamiami Trail Port Charlotte,  
Service hours may vary—it's best to call ahead at 941-764-8458.

**To receive food assistance or to donate:**

- **Bring ID or proof of residency** when required (mostly for Charlotte County pantries).
- **Note the hours and days**—some operate monthly, others weekly.
- **Call ahead** to confirm current hours or any changes and to find out if they deliver.



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**\*\*\*\*\* WEEKLY ACTIVITIES \*\*\*\*\***

Activities take place at Clubhouse unless otherwise noted. Contact the Chairperson listed if you have any questions.

<b>ACTIVITY</b>	<b>DAY PLAYED</b>	<b>TIME</b>	<b>CHAIRPERSON</b>
AQUASIZE	To resume in the fall	9:00 AM	DEBBIE LEVESQUE
BILLIARDS	MONDAY, THURSDAY	7:00 PM	HAIG TERKHANIAN
BINGO	MONDAY	10:00 AM	LYNN COHAN
BINGO - HOTBALL	WEDNESDAY	7:00 PM	LYNN COHAN
BOCCE BALL			SUSAN FOWLER
CORNHOLE	MONDAY, THURSDAY	7 PM	BOB RAIKES
CRAFTS	See Facebook for dates	1:00 PM	PAM TIMMINS
EXERCISE	To resume in the fall	8:30 AM	KELLY BALLARD (DVDS available)
HORSESHOES			DUANE LAURANGE
KARAOKE	To resume in the fall	6:30 PM	BOB BRAY & LORRAINE DUFOUR
LINE DANCING	To resume in the fall	1:00 PM	DEBBIE KING
LINE DANCING - beginners	WEDNESDAY	11:00 AM	DEBBIE KING
PAINTING	To resume in the fall	7:00 PM	WILL TEED
SHUFFLEBOARD	THURSDAY near Laundry	9:30 AM	SUSAN FOWLER
TRIVIAL PURSUIT	To resume in the fall	1:30 PM	PAT STOWELL
<b>CARDS</b>			
CRIBBAGE	TUESDAY	7:00 PM	JOANN SHERMAN
PINOCHLE	THURSDAY	12:30 PM	JOANN SHERMAN
HAND & FOOT	FRIDAY	12:30 PM	JOANN SHERMAN

# SEPTEMBER 2025 AT TROPICAL PALMS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day Celebration	2	3	4	5	6
7	8	9	10	11  Patriot Day	12	13 Potluck
14	15	16	17  Constitution Day	18	19	20
21 Karaoke	22	23	24	25	26	27
28	29	30				



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**BEFORE**



**AFTER**



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